

FOR SENIORS, BY A SENIOR

Stop Squinting at Your Phone

The Big Bold, Text Fix for Seniors

The Senior Accessibility Guide

What you'll find inside:

- ✓ How to make text bigger on iPhone (iOS 26.5)
- ✓ How to make text bigger on Android (13 to 17)
- ✓ How to turn on Bold Text for easier reading

A Note from Frank

I know how frustrating it can be to hold your phone at arm's length just to read a text message, or to squint at the screen trying to make out whether that notification says 'call' or 'email.' I've been there myself. And the truth is, it's not your eyes that are the problem — it's that your phone came out of the box set up for someone half your age.

The good news is that fixing it takes less than two minutes, and you only have to do it once. In this guide, I'll walk you through exactly how to make the text on your phone bigger and bolder, step by step, no jargon, no rushing. Whether you have an iPhone or an Android, I've got you covered. Grab your phone, follow along at your own pace, and by the time you're done, reading your screen should feel like a completely different experience.

■ **This guide was written alongside the video. You can follow the steps here on paper or pause the video and use both together, whatever works best for you.**

Devices used in this guide:

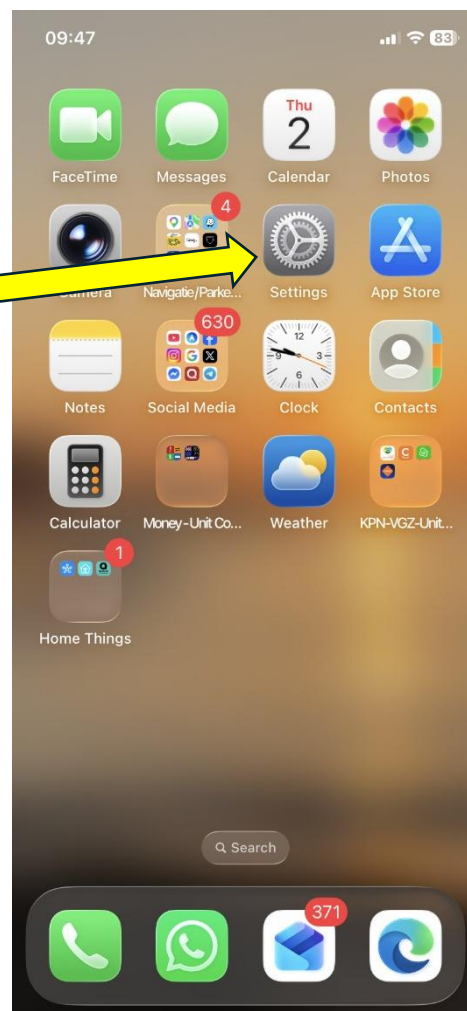
iPhone 11 · iOS 26.5 | Motorola · Android 13

iPhone Users

Step 1 — Increase Text Size

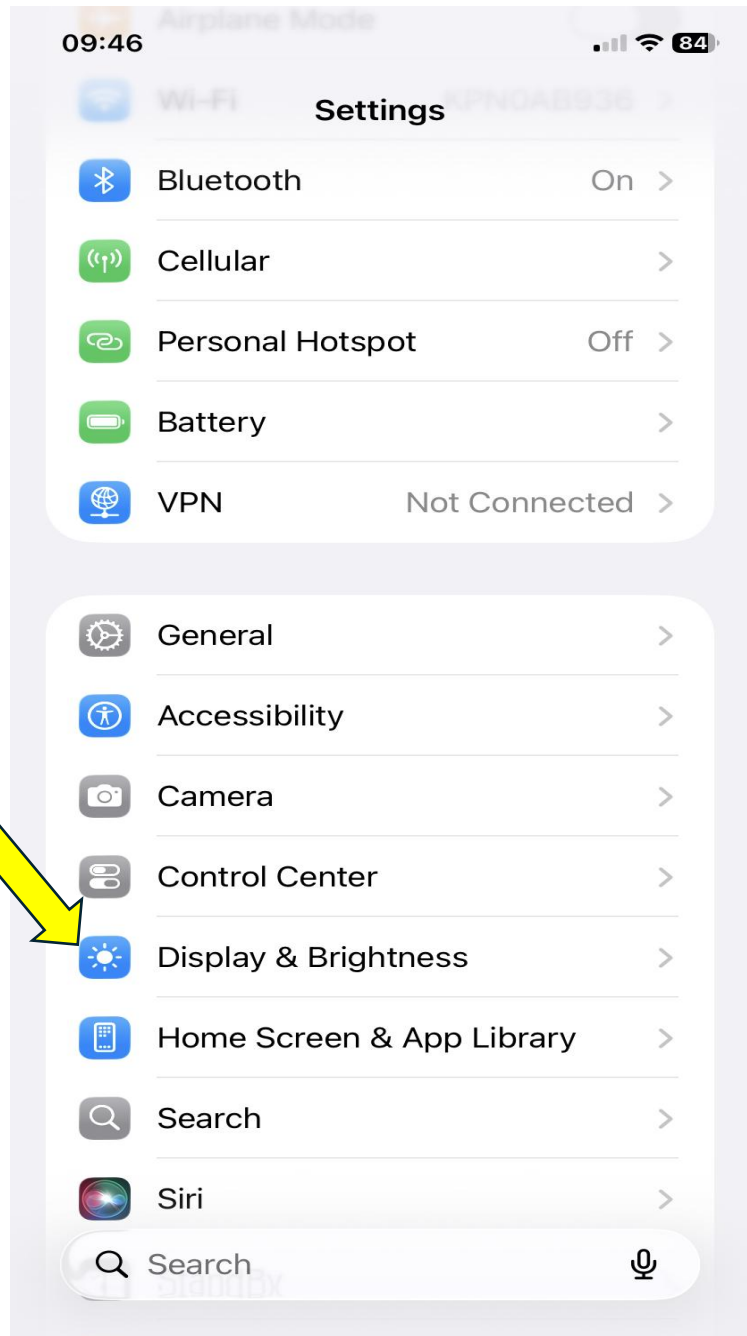
Step 1-1

Find the **Settings** icon.
It looks like a small grey gear.
Tap it.



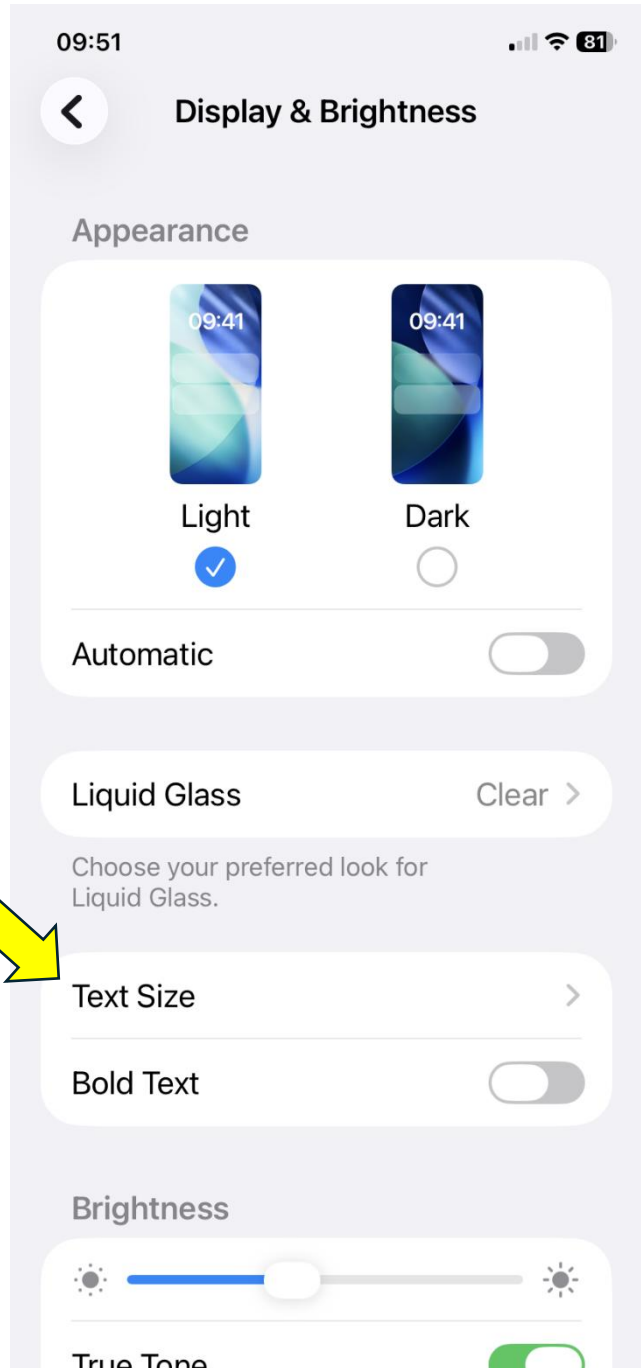
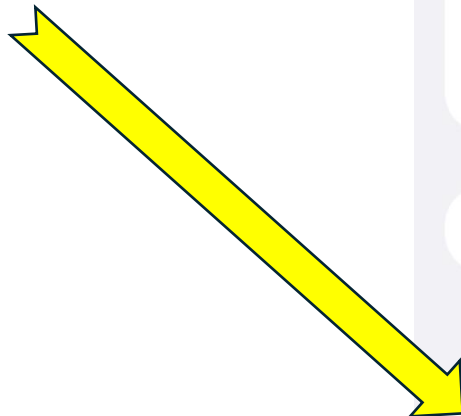
Step 1-2

Scroll down and tap
Display & Brightness

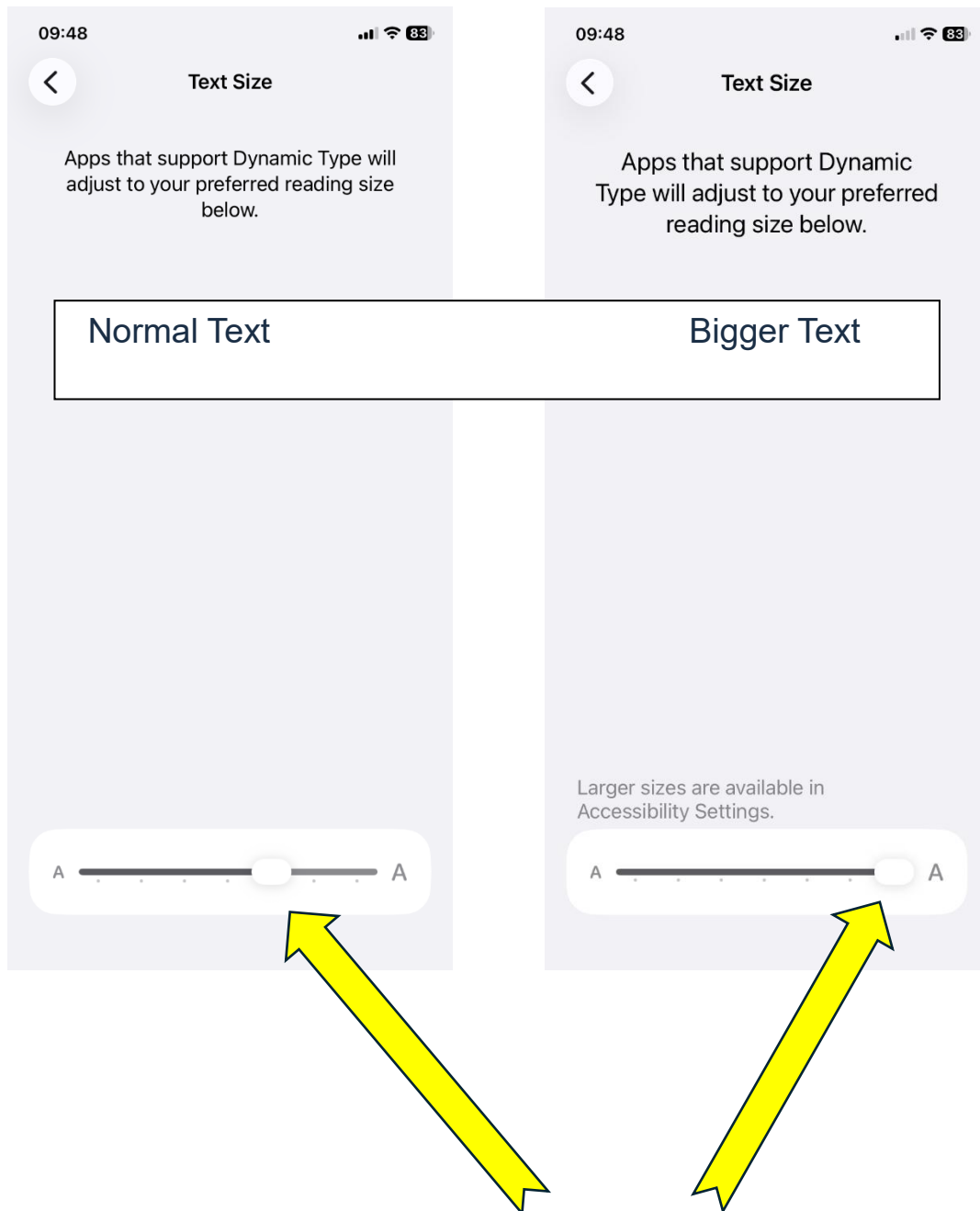


Step 1-3

Tap **Text Size**



Step 1-4



Drag the slider at the bottom to the **Right** until the words look comfortable.

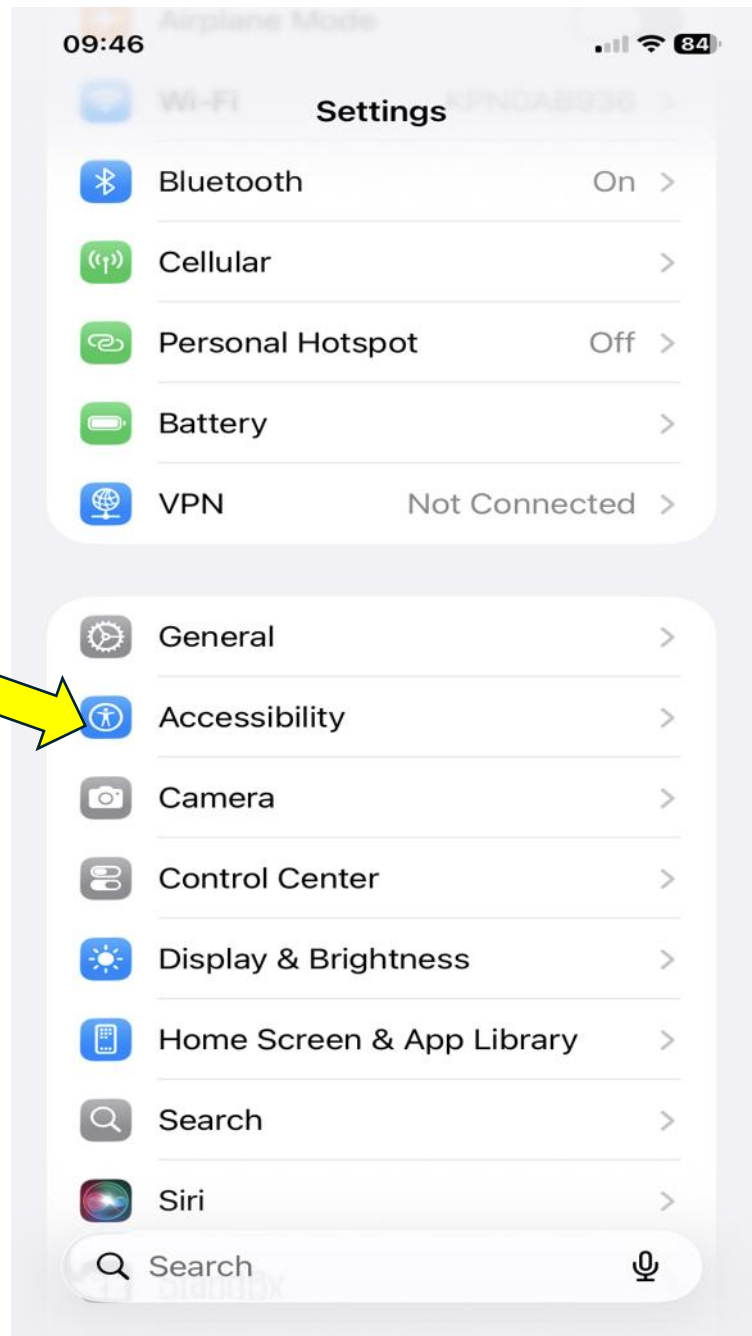
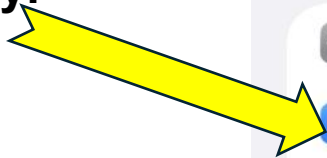
You'll see the change happen instantly — and it saves automatically.

Want it even larger? Follow these extra steps.

Step 1-5

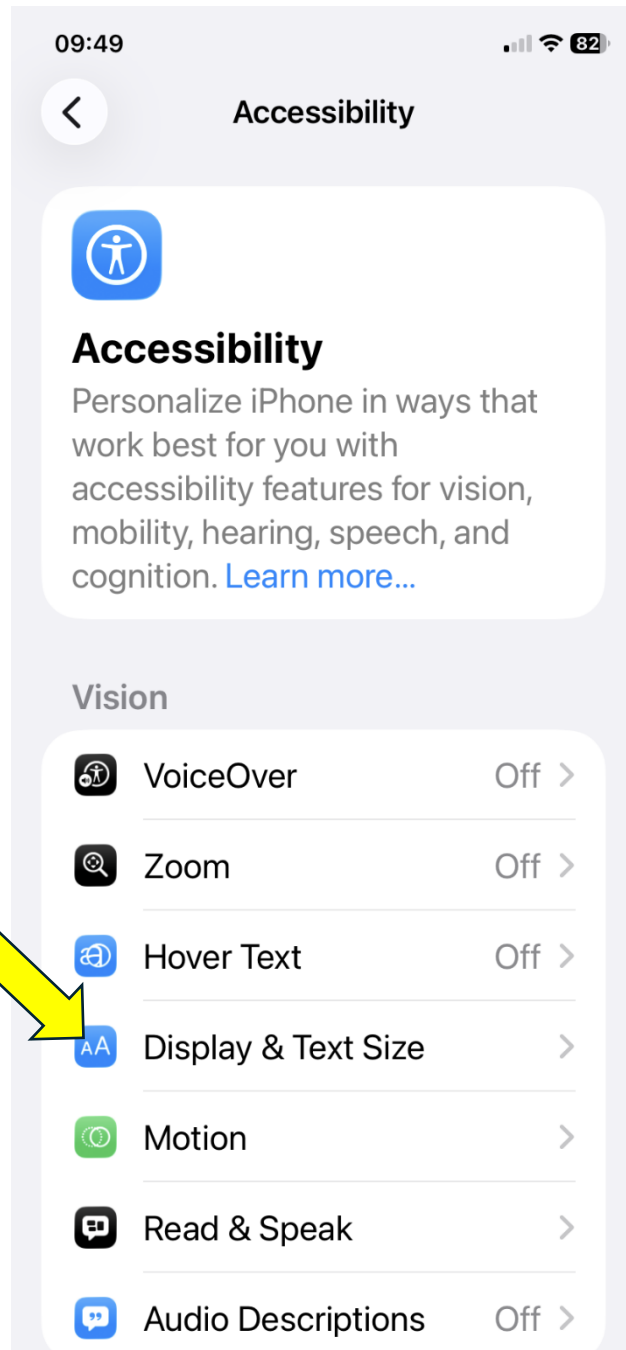
Go back to **Settings**.

Scroll down and tap **Accessibility**.



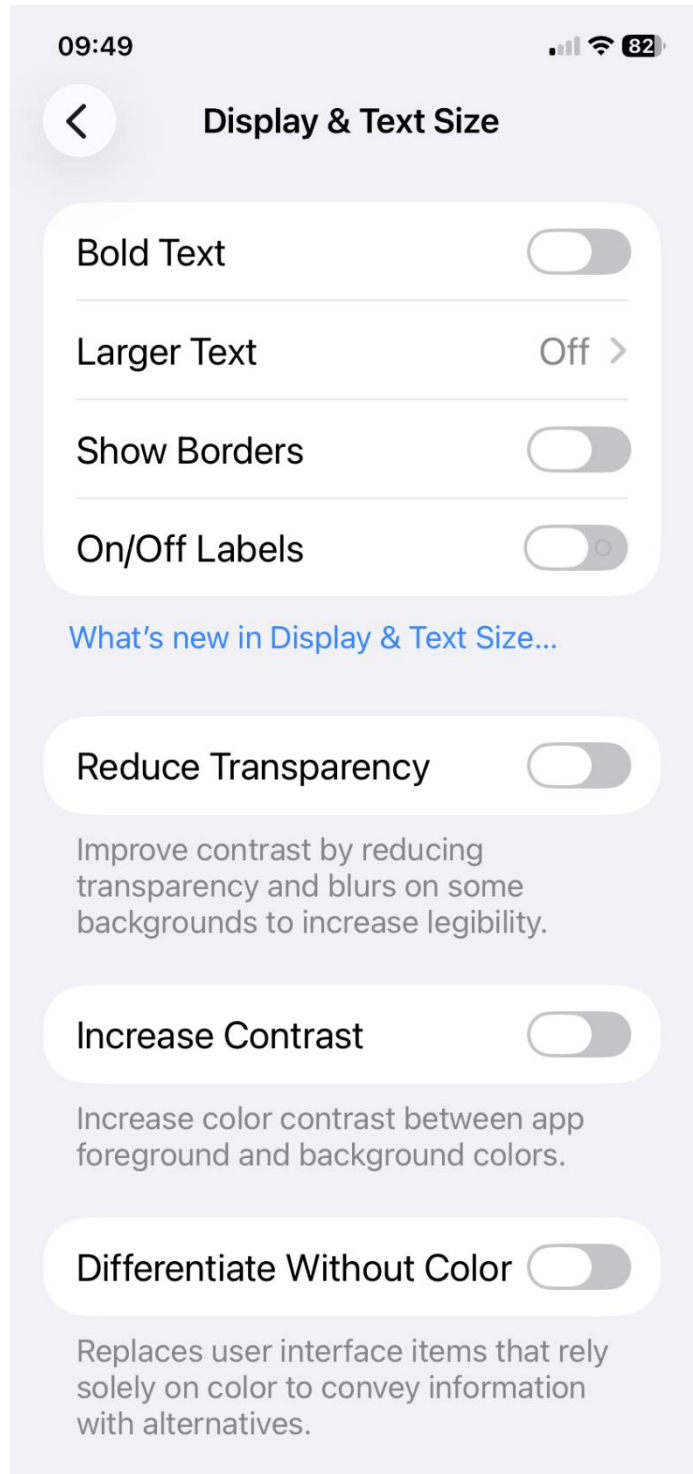
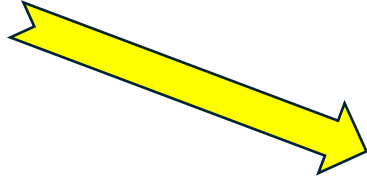
Step 1-6

Tap
Display & Text Size

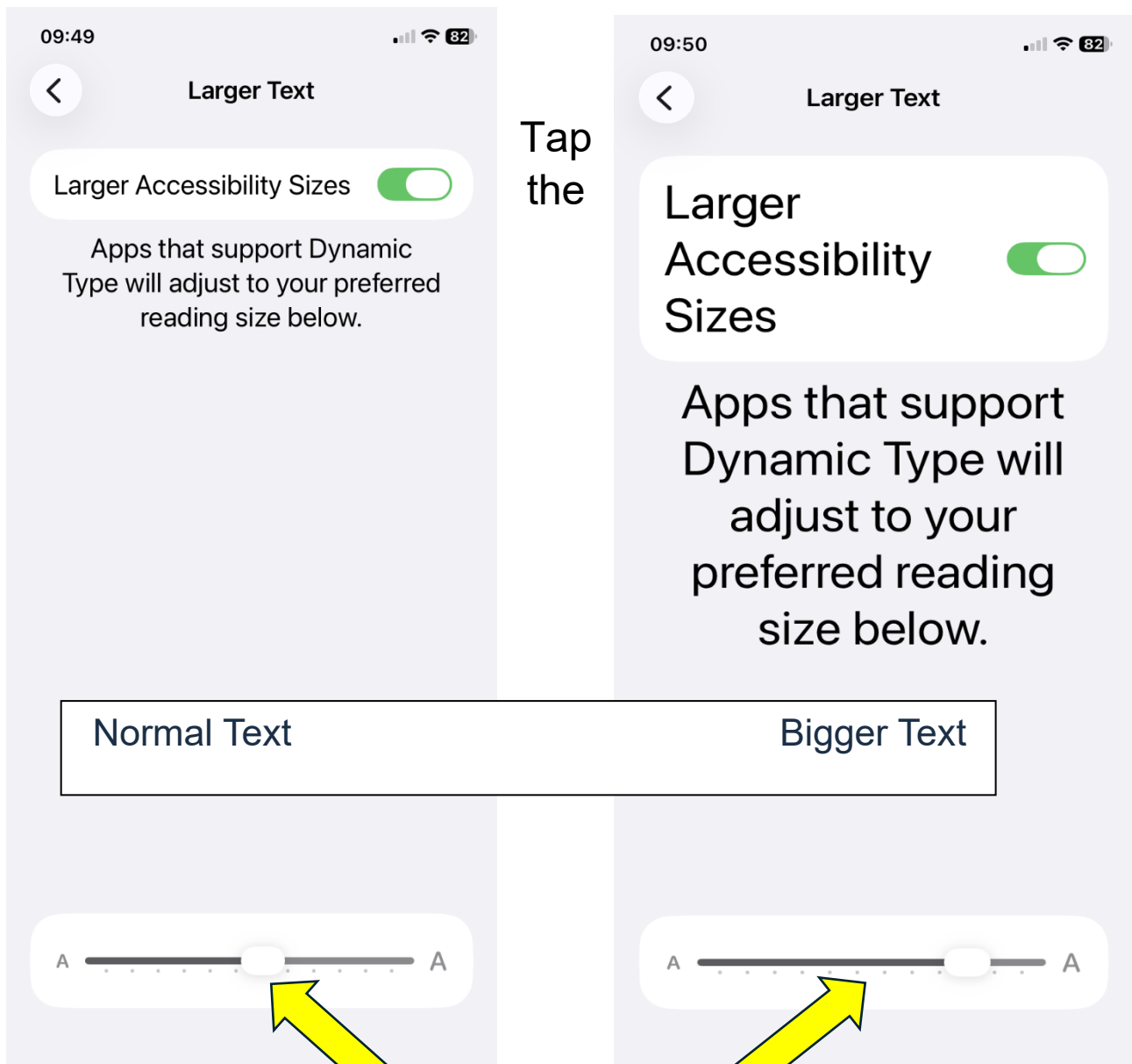


Step 1-7

Tap **Larger Text**.



Step 1-8



Larger Accessibility Sizes button turns green when on.

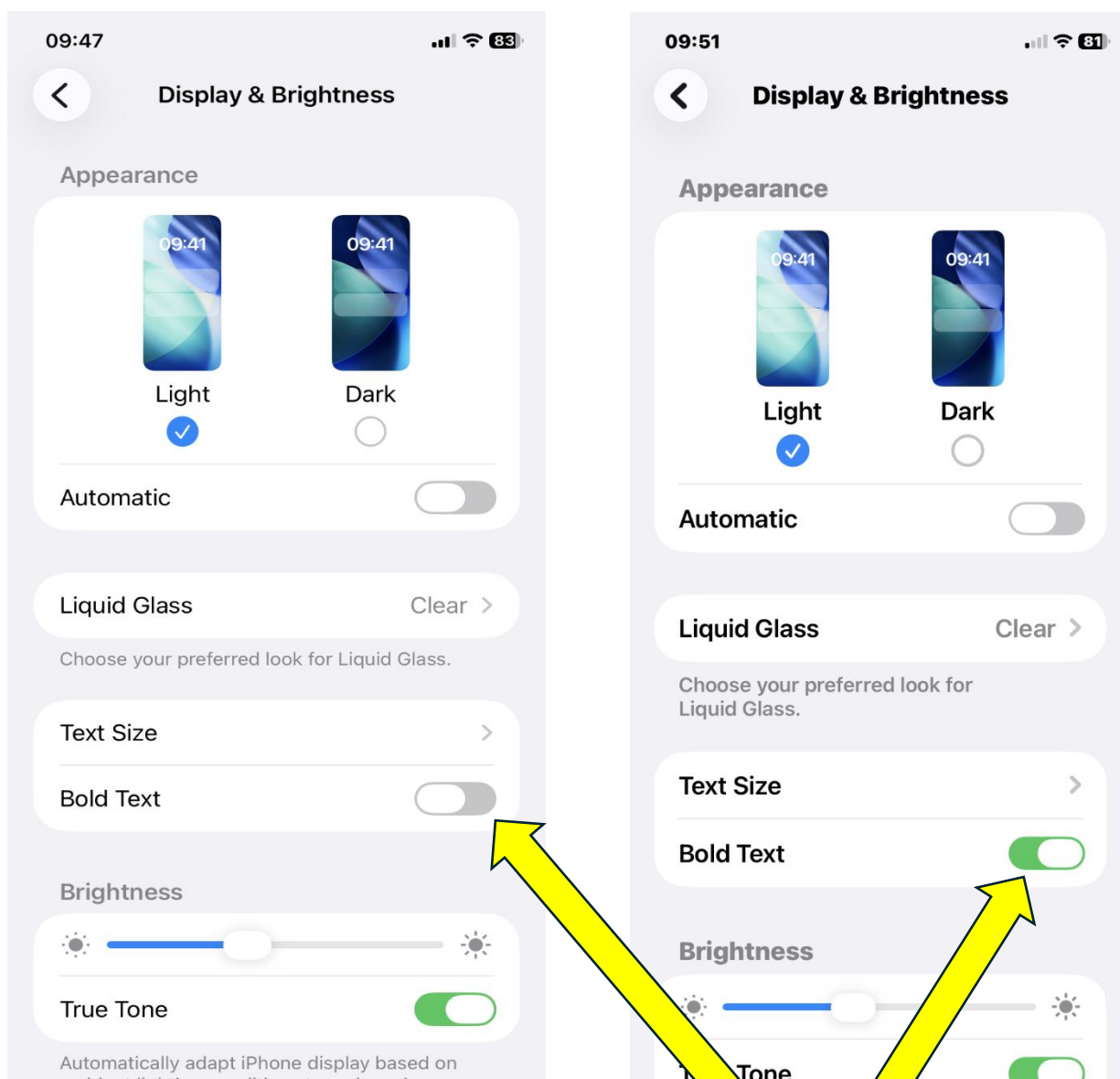
Adjust the slider below to the size that suits you.

Changes save automatically.

Step 2 — Turn on Bold Text

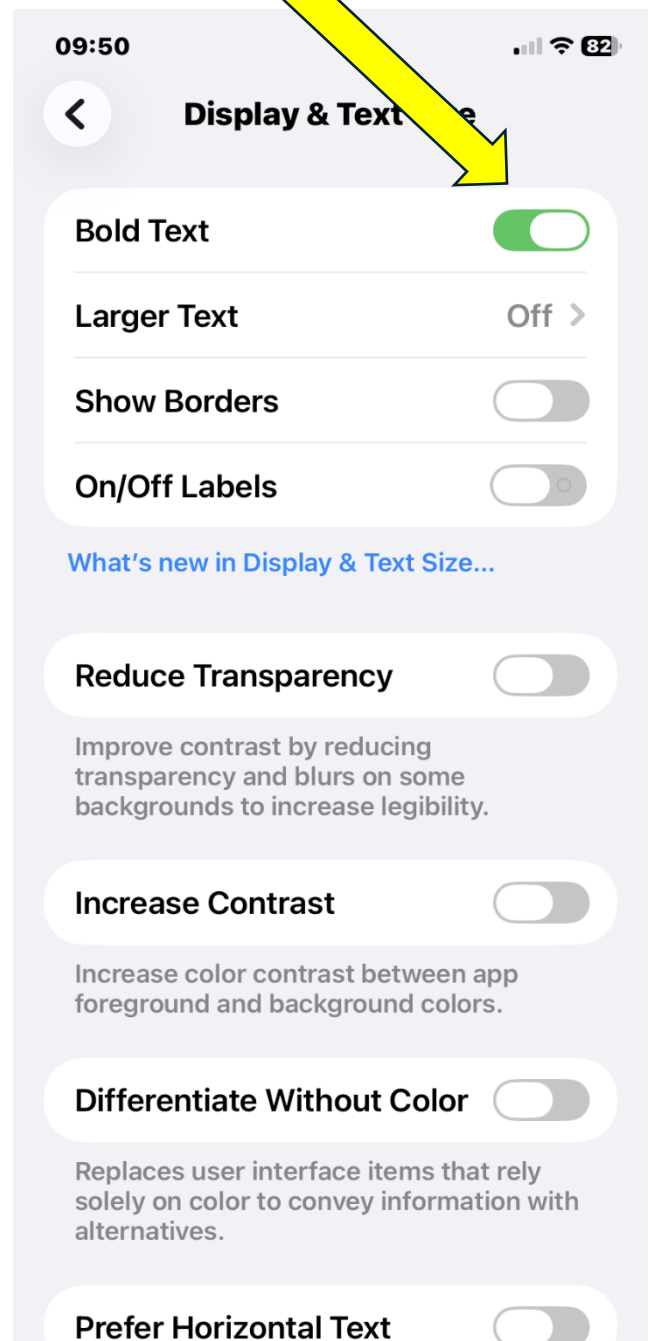
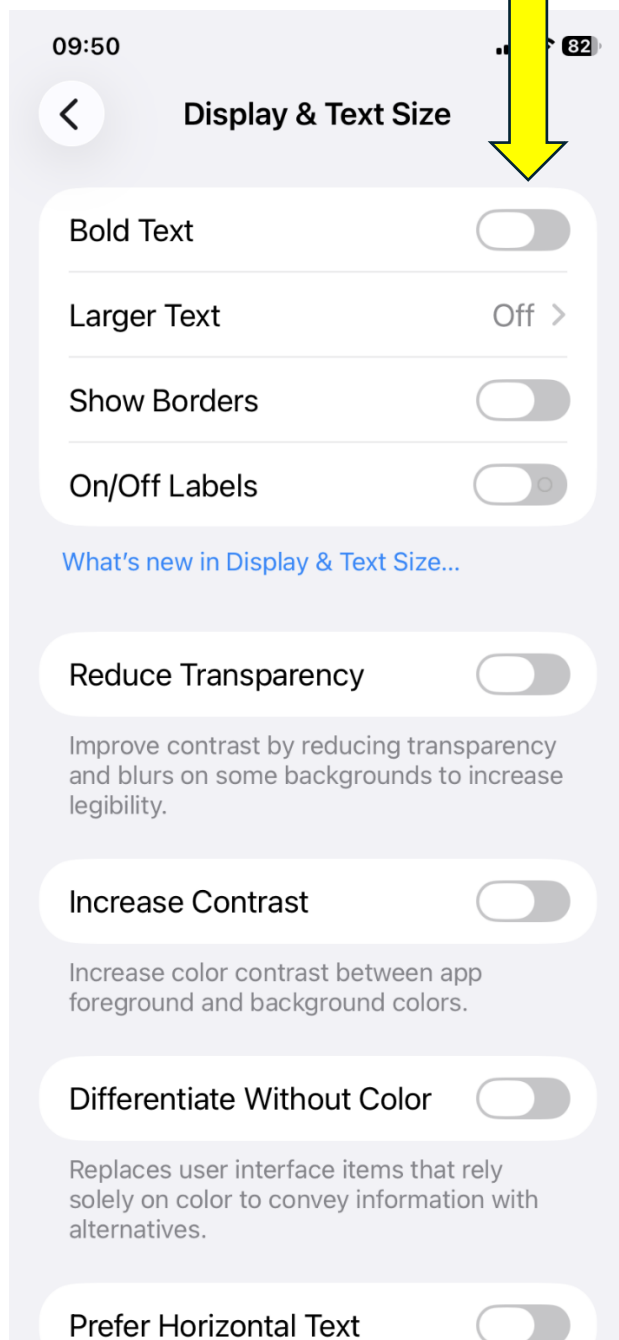
You can turn on Bold Text in two places:

Go back to **Step 1-2**.

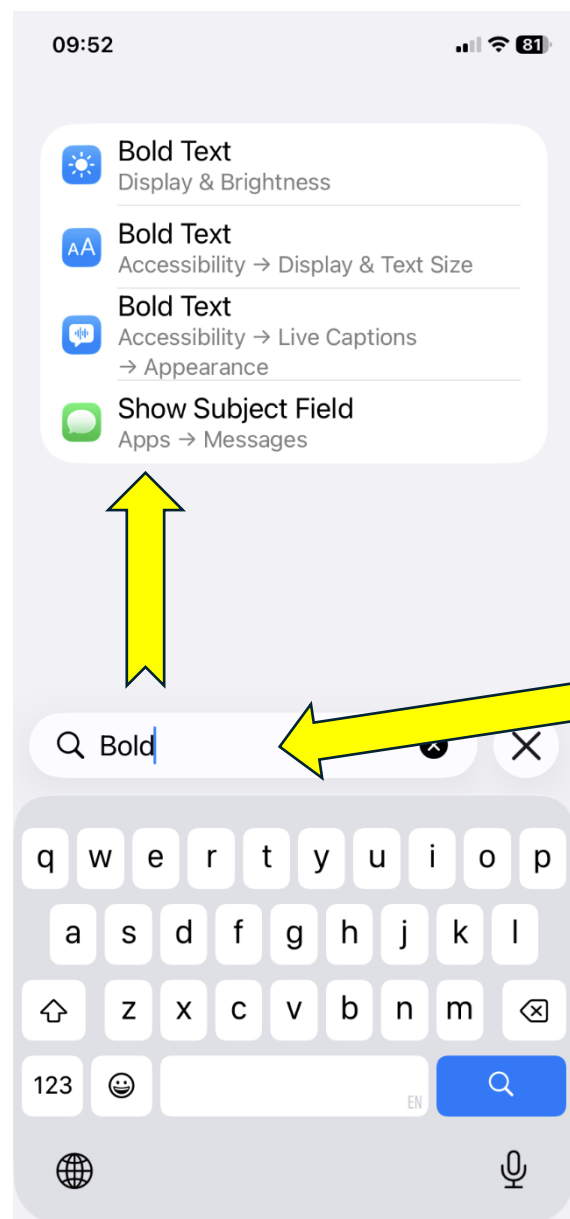
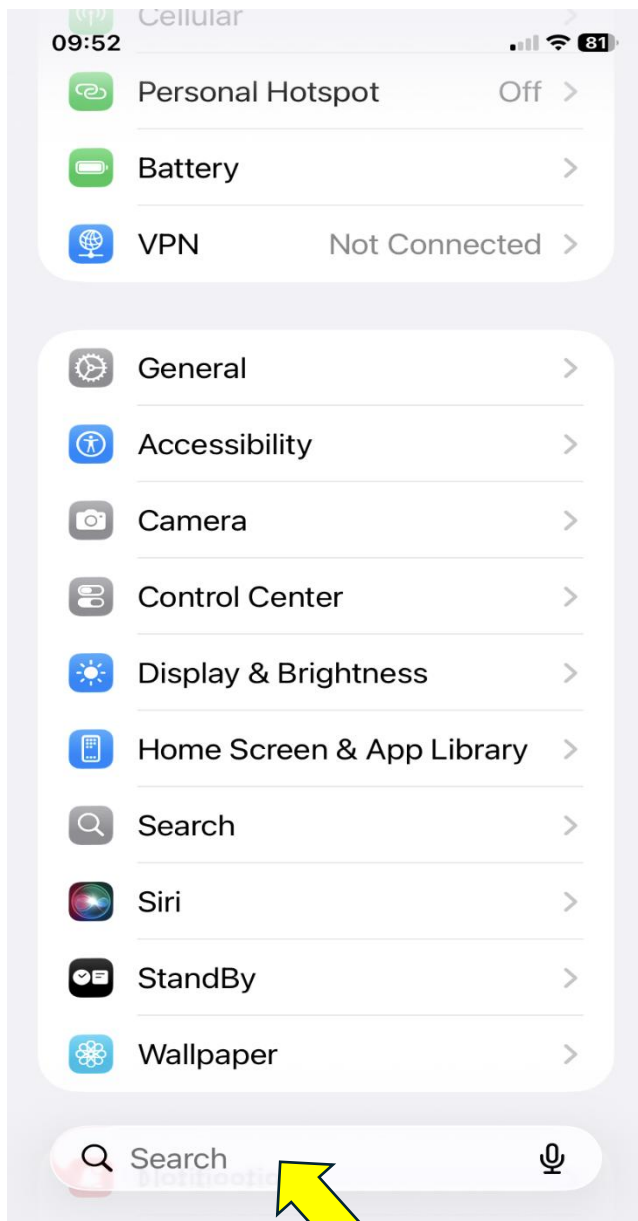


In **Display & Brightness**, look for the **Bold Text** switch right near the Text Size slider — tap it. You'll see the difference immediately.

Or go back to Step 1-7 find it in **Accessibility** → **Display & Text Size** → **Bold Text** — same switch, just a second location.



■ **Can't find a setting? Apple moves things around with updates. Open Settings, tap the Search bar (top or bottom of the screen), and type what you're looking for — it will take you straight there.**



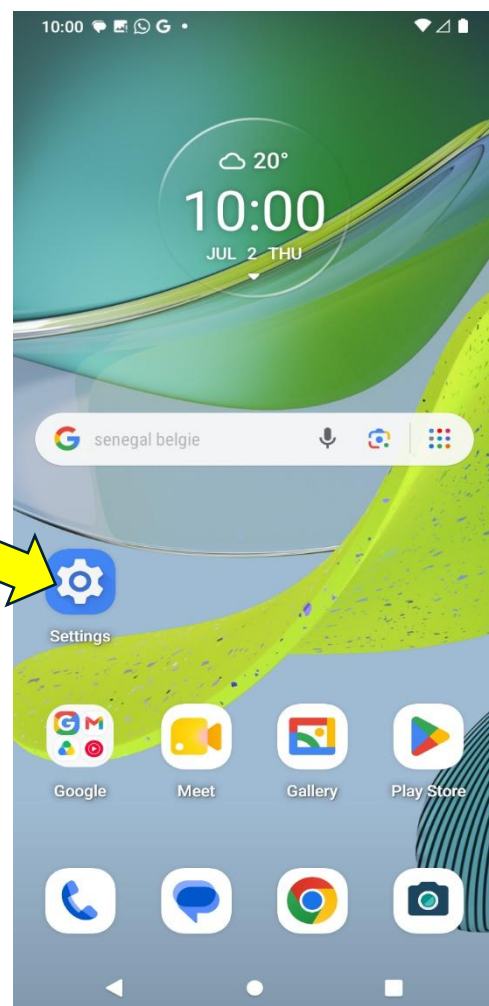
Android Users

Android settings can look a little different depending on your phone brand, model, and software version. The steps below cover the most common layouts.

Android 13 — Step-by-Step

Step 1

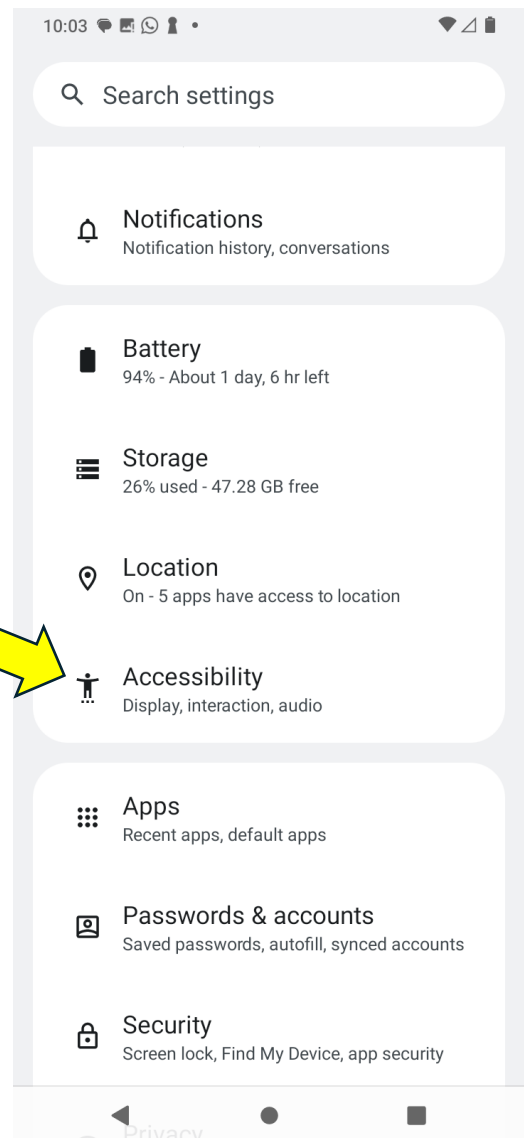
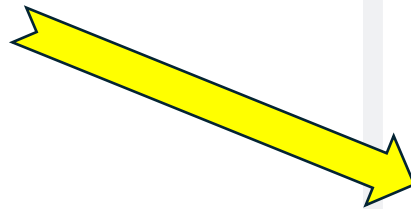
Open the **Settings** app.
white gear on a blue
background.



A

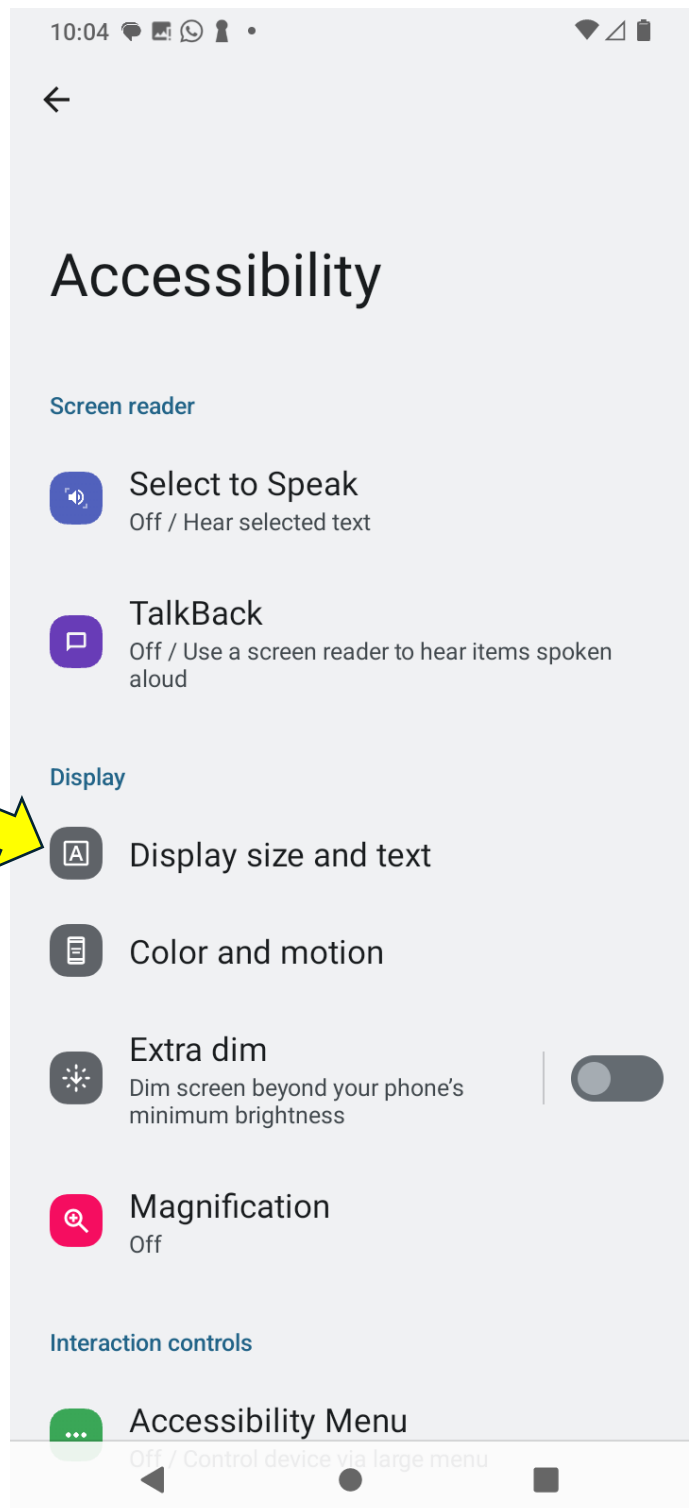
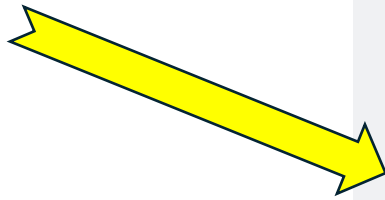
Step 2

Scroll down to **Accessibility** and tap it.



Step 3

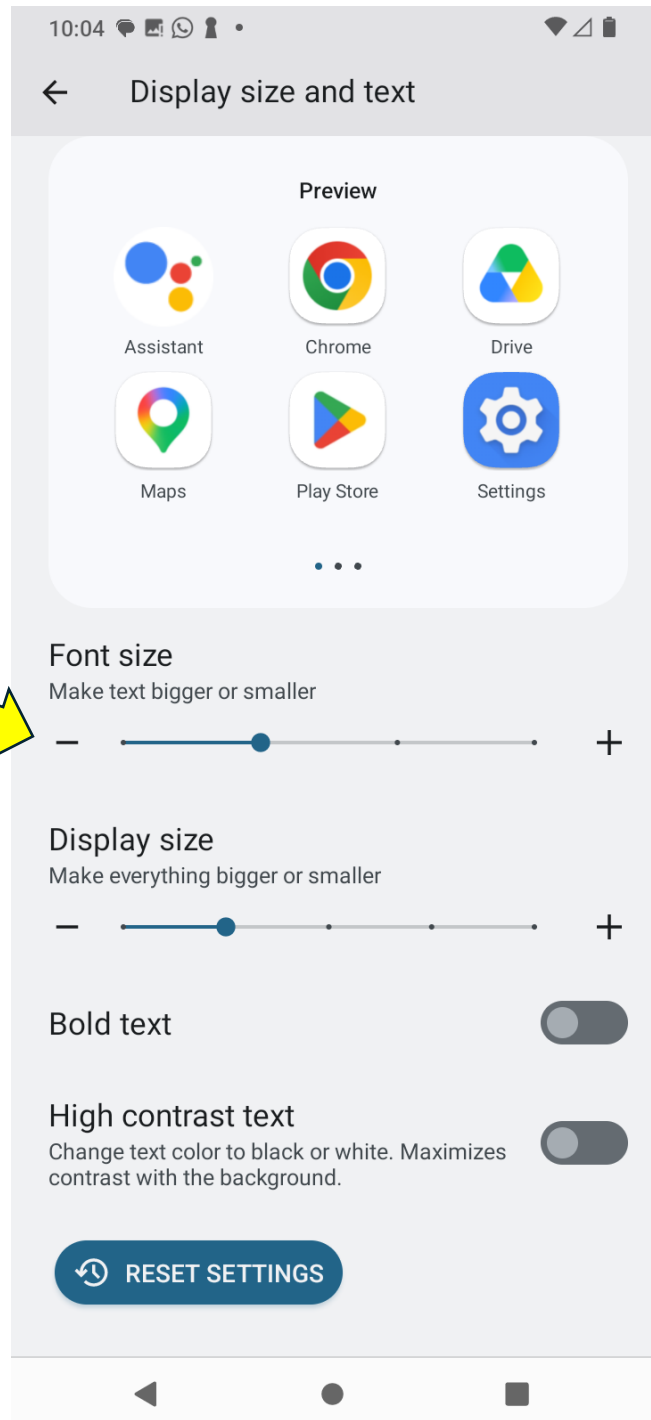
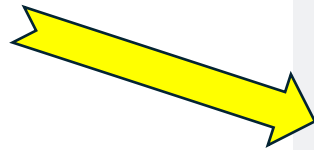
Tap **Display Size and Text**.



Step 4

Font Size.

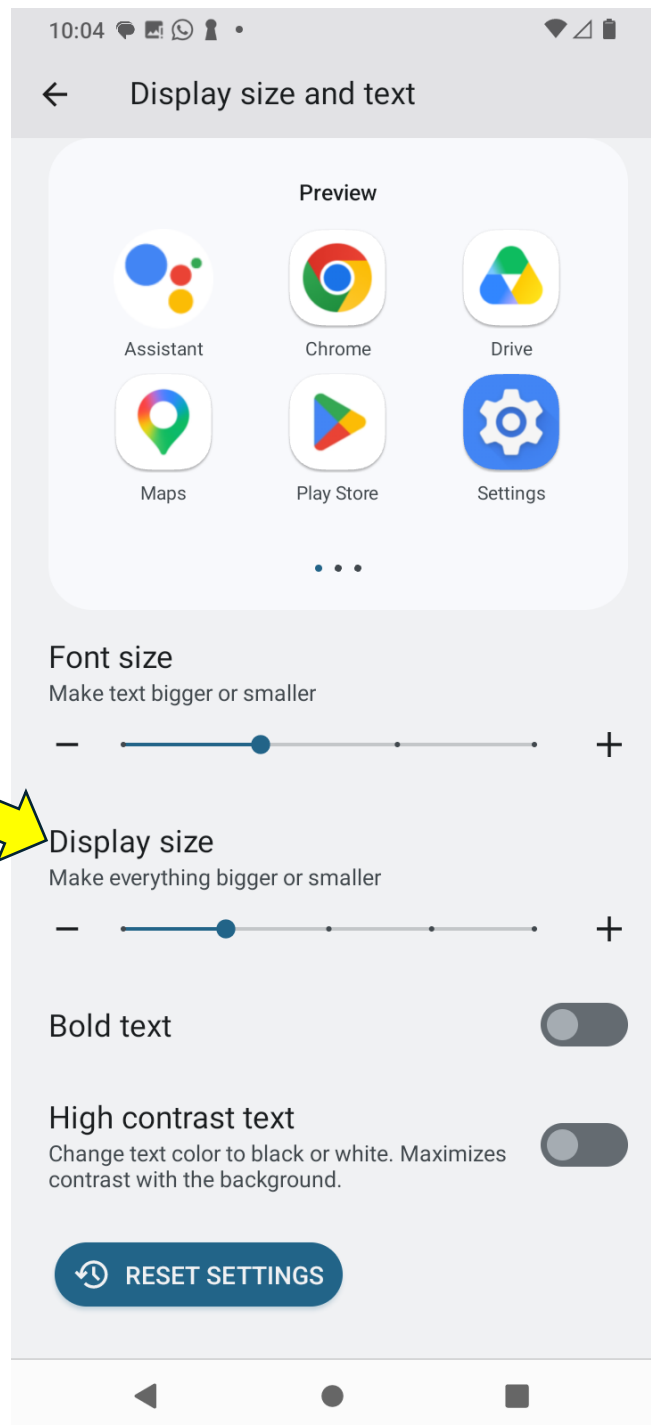
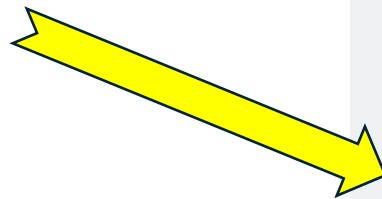
Drag the slider to the right (+) to make text bigger or to the left (-) to make text smaller.



Step 5

Display Size.

Drag the slider to the left or right to resize everything (icons and text together).

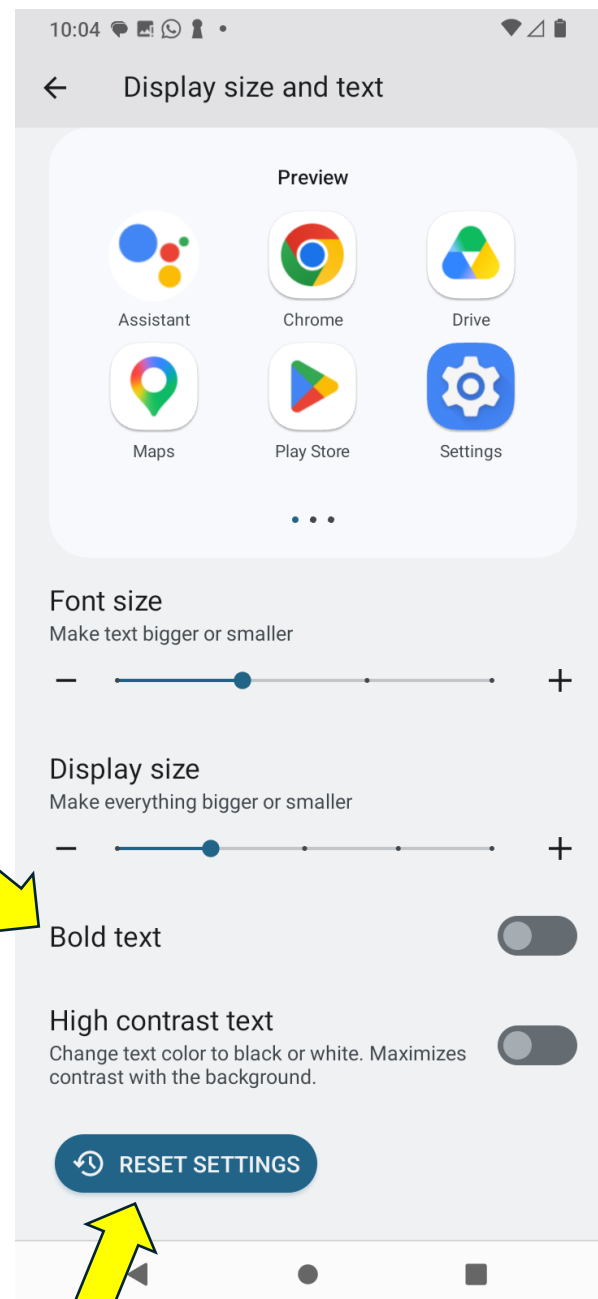


Step 6

Bold Text button.

Tap to turn on. (turns blue).

You'll see the change instantly.



■ **Made a mistake? Tap Reset Settings on the same screen to restore the original settings. All other changes saved automatically.**

Android 14 to 17 — Step-by-Step

I do not have screenshots of Android 14 to 17 phones, but you will find them under the same settings.

■ **Can't find it? Open Settings, tap the Search bar at the top, and type what you're looking for — it will take you straight there.**

Step 1 Open the **Settings** app (gear icon).

Step 2 Scroll down and tap **Accessibility**.

Step 3 Tap **Display Size and Text**.

Step 4 Adjust the **Font Size** and **Display Size** sliders, and tap the **Bold Text** toggle — all on the same screen.

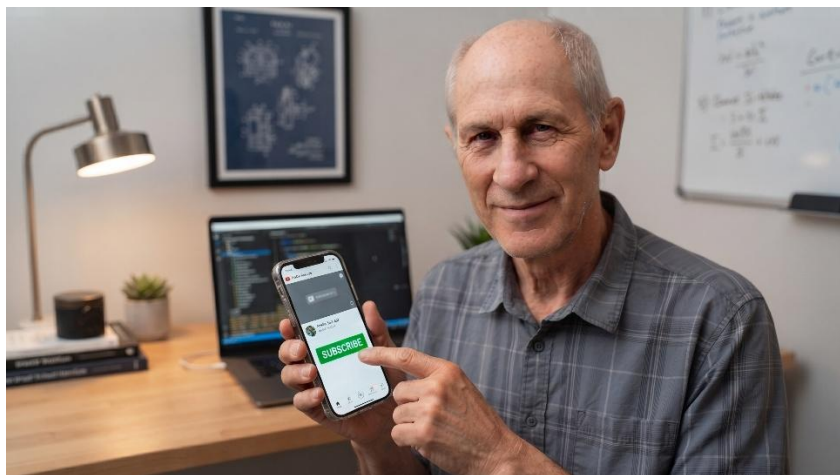
That's it! No more squinting, no more reaching for your reading glasses just to check a quick message.

If you have questions or a tech problem you'd like covered in a future video, leave a comment below the video. Your question might become the next episode!

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